

DANCE, YOGA, PILATES
Dance
**DANCE –
BEGINNER NIGHT
CLUB WALTZ**

Find out how to dance to slow ballads with the most romantic dance on the planet. The ideal first dance for weddings. Partners required.

Dates	Day	Time	Instructor	Member	Non-Member
Sept 12-Oct 31	Sunday	5:00-6:15 pm	John De Pfyffer	8/\$50	8/\$73

**DANCE –
BEGINNER
SWING/JIVE**

A lively, energetic, fun dance that has the whole world hopping. Partners required.

Dates	Day	Time	Instructor	Member	Non-Member
Sept 12-Oct 31	Sunday	6:15-7:25 pm	John De Pfyffer	8/\$50	8/\$73

**DANCE –
FUSION**

A moderate workout influenced by jazz, modern contemporary and ballet dance. Dance or movement experience recommended.

Dates	Day	Time	Instructor	Member	Non-Member
Sept 13-Dec 20	Monday	9:00-9:55 am	Marsha Main Pimlott	14/\$56	14/\$102
Sept 8-Dec 15	Wednesday	5:30-6:25 pm	Marsha Main Pimlott	15/\$60	15/\$105
Sept 10-Dec 17	Friday	9:00-9:55 am	Marsha Main Pimlott	15/\$60	15/\$105

**DANCE –
BEGINNER CHA
CHA AND RUMBA**

The essential latin dances every dancer needs to know. Partners required.

Dates	Day	Time	Instructor	Member	Non-Member
Nov 7-Dec 19	Sunday	5:00-6:15 pm	John De Pfyffer	7/\$44	7/\$65

REGISTRATION FOR SEPTEMBER 9 TO OCTOBER 31 SESSION STARTS AUGUST 9
REGISTRATION FOR NOVEMBER 1 TO DECEMBER 19 SESSION STARTS OCTOBER 4

Classes will be cancelled 48 hours prior to start date if insufficient registration is received.

Don't delay — register today!

No classes on statutory holidays

www.victoriay.com

Charitable Registration No. 10822-5566-RR0001

Downtown Y
 851 Broughton Street, Victoria BC V8W 1E5
Phone: 250.386.7511 Fax: 250.380.1933

**DANCE –
 BEGINNER SALSA**

Hot, passionate, fast and fun – energize your body with this popular dance.

Dates	Day	Time	Instructor	Member	Non-Member
Nov 7-Dec 19	Sunday	6:15-7:25 pm	John De Pfyffer	7/\$44	7/\$65

DANCE – HIP HOP

Try the funkier side of dance! All ability levels welcome.

Dates	Day	Time	Instructor	Member	Non-Member
Sept 7-Oct 26 Nov 2-Dec 14	Tuesday	7:00-7:55 pm	Airlie Sturrock	Included	7/\$44

**DANCE –
 BELLY DANCE**

Intermediate level.

Dates	Day	Time	Instructor	Member	Non-Member
Nov 4-Dec 16	Thursday	7:00-8:00 pm	Michelle Burgoyne	Included	7/\$65

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