



Contact First Reach

Cell 250-857-1174 or 250-857-1168

Phone 250-413-8858

Fax 250-380-1933

firstreach@victoriay.com

Monday—Friday
(Hours may vary with client's needs)

First Reach clients may require supports around the following: isolation, homelessness, substance use, mental health, trauma, accessing nutrition and healthcare, or creating safety in their lives.

Funders

We acknowledge the financial assistance of the Province of British Columbia



Success By 6
Helping all children succeed for life.



Provincial Employees Community Services Fund



YMCA-YWCA OF GREATER VICTORIA

WE BUILD **STRONG** KIDS,
STRONG FAMILIES,
AND **STRONG** COMMUNITIES.

Mission

To work together to enhance individual and community potential through participation, learning and leadership.

Y Youth Outreach Philosophy

YMCA-YWCA Youth Outreach embraces a client-centred and harm reduction approach that respects the inherent life-worth of all people and our planet.

Our staff counsels, advocates, educates, mediates and supports the well being of youth and their families in their communities. Youth Outreach demonstrates integrity through holistic, flexible and intentional collaboration with youth.



Fully accredited under child and youth service standards.

851 Broughton Street,
Victoria, BC V8W 1E5

Phone (250) 386-7511

Fax (250) 380-1933

www.victoriay.com



Y First Reach Program

Reducing barriers for pregnant women



Y Youth Outreach Services



Y First Reach services are based on each participant's individual needs.

Y First Reach is...

A holistic, community-based, harm-reduction program that provides non-judgmental pregnancy, birth, and parenting support to young women who are under the age of thirty, and who are facing multiple conditions of risk.



It offers...

Practical assistance according to women's needs and choices including:

- Linkages to prenatal care and supports
- Harm Reduction support
- Counseling and safety planning
- Referrals to community resources
- Information on drugs and alcohol
- Transportation
- Advocacy and legal referrals
- Housing support
- Health and nutrition

Other YMCA-YWCA Outreach Programs

Y Community Counselling

(250) 413-8853 (West Shore)

(250) 413-8855 (West Saanich)

Support and counselling for youth age 12 to 19 who live or go to school in the Western Communities or West Saanich

Y Supported Independent Living

(250) 413-8860

Offers support and counseling for youth ages 16 to 21

Y Pandora Youth Apartments

(250) 380-2663

Offers a transitional housing program to at-risk youth ages 15 to 19

Y Street Outreach

(250) 413-8867

Provides counseling, referrals, medical assistance and advocacy to street-involved youth ages 12 to 21

Y Kiwanis House

(250) 382-1004

Provides supportive community living, parenting education, life skills and counseling for single mothers 16 to 29 with one preschool aged child

