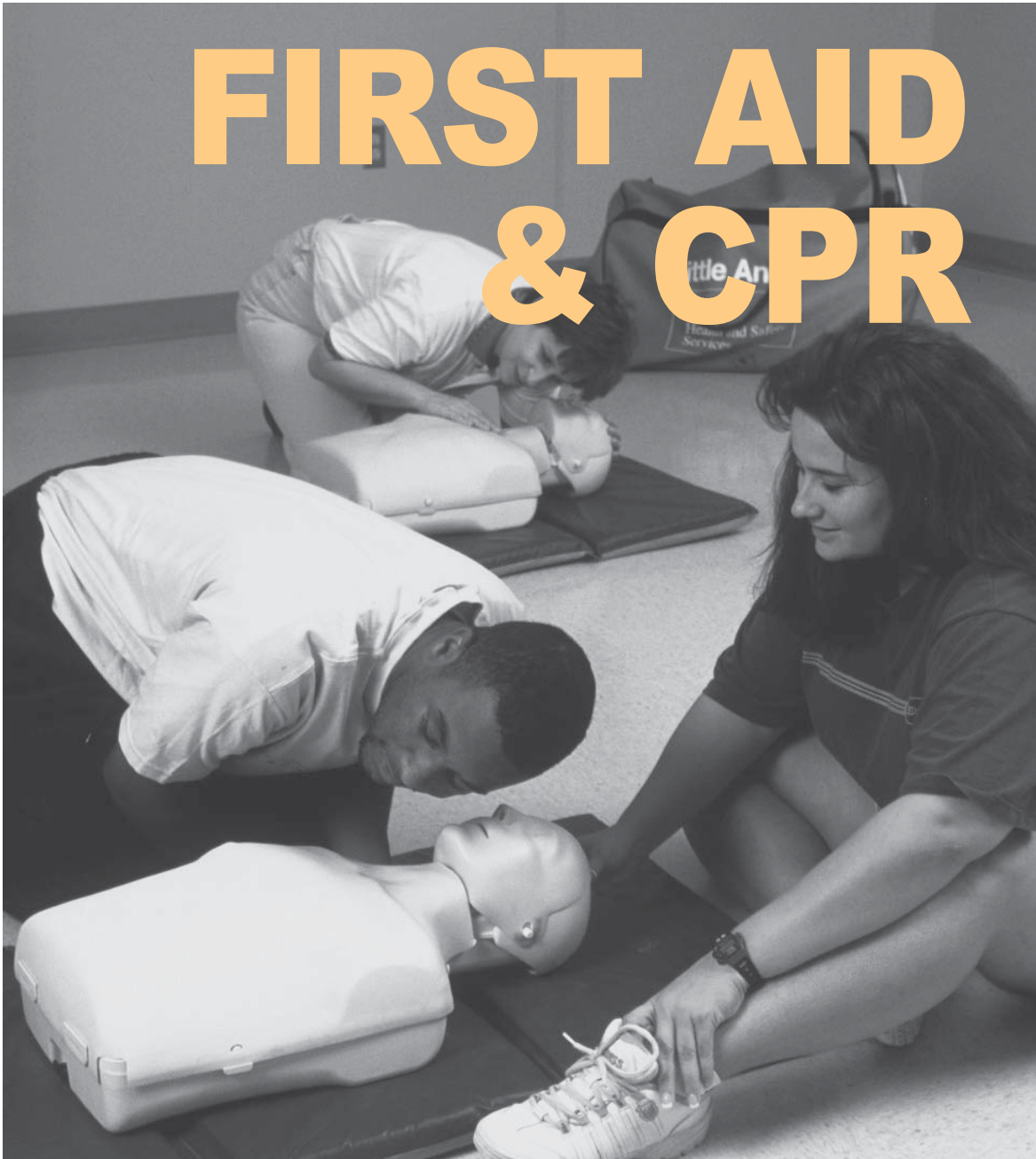


# FIRST AID & CPR



**ALL COURSES HELD AT THE VICTORIA WEST COMMUNITY Y**

[www.victoriay.com](http://www.victoriay.com)

Charitable Registration No. 10822-5566-RR0001

Downtown Y  
851 Broughton Street, Victoria BC V8W 1E5  
Phone: 250.386.7511 Fax: 250.380.1933

Vic West Y  
521 Craigflower Road, Victoria BC V9A 6Z5  
Phone: 250.388.6120 Fax: 250.388.6455

## FIRST AID

## Certification

Authorized provider of Canadian Red Cross First Aid training. These courses are designed to be taken by those 13 years old and over. Includes UPDATED CPR PROTOCOLS and AED training. Certification valid for 3 years. We accept group bookings.

<b>STANDARD FIRST AID</b>		Covers Emergency First Aid & CPR Level C, AED, plus injuries due to heat and cold, poisons, medical conditions, bone and joint injuries, head and spinal injuries, coma, moving and transportation. Manual provided at class.		
Range of Beginner to Experienced level classes.	<b>Program</b>		<b>Member</b>	<b>Non-Member</b>
	SFA	15 hours	\$95	\$105
	<b>Dates</b>	<b>Day</b>	<b>Time</b>	<b>Location</b>
	May 10	Saturday	9:00am-5:00pm	part 1 of 2
	May 17	Saturday	9:00am-4:00pm	part 2 of 2
	May 27	Tuesday	6:00-9:30pm	part 1 of 3
	May 29	Thursday	6:00-9:30pm	part 2 of 3
	May 31	Saturday	9:00am-4:00pm	part 3 of 3
	June 7	Saturday	9:00am-5:00pm	part 1 of 2
	June 14	Saturday	9:00am-4:00pm	part 2 of 2
	June 17	Tuesday	6:00-9:30pm	part 1 of 3
	June 19	Thursday	6:00-9:30pm	part 2 of 3
	June 21	Saturday	9:00am-4:00pm	part 3 of 3
	July 12	Saturday	9:00am-5:00pm	part 1 of 2
	July 19	Saturday	9:00am-4:00pm	part 2 of 2
July 29	Tuesday	6:00-9:30pm	part 1 of 3	
July 31	Thursday	6:00-9:30pm	part 2 of 3	
August 2	Saturday	9:00am-4:00pm	part 3 of 3	
August 9	Saturday	9:00am-5:00pm	part 1 of 2	
August 16	Saturday	9:00am-4:00pm	part 2 of 2	
August 26	Tuesday	6:00-9:30pm	part 1 of 3	
August 28	Thursday	6:00-9:30pm	part 2 of 3	
August 30	Saturday	9:00am-4:00pm	part 3 of 3	
<b>EMERGENCY FIRST AID</b>		Covers CPR Level C, AED plus bleeding, unconsciousness, shock & secondary assessment. Manual provided at class.		
Range of Beginner to Experienced level classes.	<b>Program</b>		<b>Member</b>	<b>Non-Member</b>
	EFA	8 hours	\$59	\$69
	<b>Dates</b>	<b>Day</b>	<b>Time</b>	<b>Location</b>
	May 10	Saturday	9:00am-5:00pm	part 1 of 1
	May 27	Tuesday	6:00-9:30pm	part 1 of 2
	May 29	Thursday	6:00-9:30pm	part 2 of 2
	June 7	Saturday	9:00am-5:00pm	part 1 of 1
	June 17	Tuesday	6:00-9:30pm	part 1 of 2
	June 19	Thursday	6:00-9:30pm	part 2 of 2
	July 12	Saturday	9:00am-5:00pm	part 1 of 1
	July 29	Tuesday	6:00-9:30pm	part 1 of 2
	July 31	Thursday	6:00-9:30pm	part 2 of 2
	August 9	Saturday	9:00am-5:00p	part 1 of 1
	August 26	Tuesday	6:00-9:30pm	part 1 of 2
	August 28	Thursday	6:00-9:30pm	part 2 of 2

## FIRST AID

## Certification

### CARDIO PULMONARY RESUSCITATION

Courses follow the Heart & Stroke Foundation of Canada CPR guidelines. Manual provided at course. Certification valid for 3 years..

Program			Member	Non-Member
CPR level C	6 hours	Covers adult, child, infant, choking, AED, 2 rescuer CPR, barrier devices.	\$39	\$45
Dates	Day	Time	Location	
May 10	Saturday	9:00am-4:00pm	part 1 of 1 VWY	
May 27	Tuesday	6:00-9:30pm	part 1 of 2 VWY	
May 29	Thursday	6:00-8:30pm	part 2 of 2	
June 7	Saturday	9:00am-4:00pm	part 1 of 1 VWY	
June 17	Tuesday	6:00-9:30pm	part 1 of 2 VWY	
June 19	Thursday	6:00-8:30pm	part 2 of 2	
July 12	Saturday	9:00am-4:00pm	part 1 of 1 VWY	
July 29	Tuesday	6:00-9:30pm	part 1 of 2 VWY	
July 31	Thursday	6:00-8:30pm	part 2 of 2	
August 9	Saturday	9:00am-4:00pm	part 1 of 1 VWY	
August 26	Tuesday	6:00-9:30pm	part 1 of 2 VWY	
August 28	Thursday	6:00-8:30pm	part 2 of 2	

### CHILD CARE FIRST AID

Recognized by the Child Care Licensing Board. For parents and caregivers of children up to 10 years of age. Manual provided at course.

Program			Member	Non-Member
CHS	7 hours		\$55	\$65
Dates	Day	Time	Location	
May 20	Tuesday	6:00-9:30pm	part 1 of 2 VWY	
May 22	Thursday	6:00-9:30pm	part 2 of 2	
June 2	Saturday	9:00am-5:00pm	part 1 of 1 VWY	
July 15	Tuesday	6:00-9:30pm	part 1 of 2 VWY	
July 17	Thursday	6:00-9:30pm	part 2 of 2	
August 23	Saturday	9:00am-5:00pm	part 1 of 1 VWY	

### COURSE REGISTRATION GUIDELINES

- We will issue credits or refunds before the second lesson. Sorry, no refunds or credits for dates of classes that have passed.
- A \$5 administration charge plus the cost of one class applies to all refunds unless accompanied by a medical note.
- Classes with insufficient registration will be cancelled and a full refund or credit will be issued.

**PLEASE NOTE:**

- We reserve the right to change schedules and prices.
- All applicable taxes applied on registration completion.
- Programs do not run on statutory holidays.

No classes on statutory holidays

DTY = Downtown Y VWY = Vic West Y

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## FIRST AID

## Recertification

<b>STANDARD FIRST AID RECERTIFICATION</b>	Includes Basic Rescue and Emergency First Aid Recertification			
Program			Member	Non-Member
SFR	8 hours		\$45	\$49
Dates	Day	Time	Location	
May 24	Saturday	9:00am-5:00pm	part 1 of 1	VWY
June 28	Saturday	9:00am-5:00pm	part 1 of 1	VWY
July 8	Tuesday	6:00-9:30pm	part 1 of 2	VWY
July 10	Thursday	6:00-9:30pm	part 2 of 2	VWY
August 30	Saturday	9:00am-5:00pm	part 1 of 1	VWY
<b>EMERGENCY FIRST AID RECERTIFICATION</b>	Includes Basic Rescuer Recertification.			
Program			Member	Non-Member
EFR	3.5 hours		\$35	\$39
Dates	Day	Time	Location	
May 24	Saturday	9:00am-12:30pm	part 1 of 1	VWY
June 28	Saturday	9:00am-12:30pm	part 1 of 1	VWY
July 8	Tuesday	6:00-9:30pm	part 1 of 1	VWY
August 30	Saturday	9:00am-12:00pm	part 1 of 1	VWY
<b>BASIC RESCUER CPR RECERTIFICATION</b>	Adult, Child and Infant CPR Recertification			
Program			Member	Non-Member
CRR	3 hours		\$29	\$35
Dates	Day	Time	Location	
May 24	Saturday	9:00am-12:00pm	part 1 of 1	VWY
June 28	Saturday	9:00am-12:00pm	part 1 of 1	VWY
July 8	Tuesday	6:00-9:00pm	part 1 of 1	VWY
August 30	Saturday	9:00am-12:00pm	part 1 of 1	VWY

 Sometimes we have to cancel great programs led by great instructors because everyone waited until the last minute to register. Please register at least one week in advance to avoid disappointment.

No classes on statutory holidays

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