

## NON-CONTACT BOXING & KICKBOXING

### Non-Contact Boxing

No personal contact at any time.

CO-ED BOXING							
	Dates	Day	Time	Instructor	Location	Member	Non-Member
Introduction	April 28-June 19	Monday ♦ & Thursday ♦	6:30-7:40pm 5:30-6:40pm	Ian Johnston	DTY	15/\$65	15/\$93
Intermediate	April 28-June 19	Monday ♦ & Thursday ♦	7:45-9:15pm 8:00-9:30pm	Ian Johnston	DTY	15/\$65	15/\$93
All levels	June 30-July 31	Monday ♦ & Thursday ♦	6:30-7:40pm 5:30-6:40pm	Ian Johnston	DTY	10/\$43	10/\$62
♦Drop-in option available \$9.50 including GST							

### Kickboxing

WOMEN'S KICKBOXING							
Good level of fitness required.							
	Dates	Day	Time	Instructor	Location	Member	Non-Member
Introduction	April 29-June 14 July 3-August 21	Tuesday & Thursday	7:00-8:00pm 7:00-8:00pm	Keri Scarr	DTY	16/\$65 15/\$61	16/\$99 15/\$94
WOMEN'S KICKBOXING							
Experience required							
	Dates	Day	Time	Instructor	Location	Member	Non-Member
Advanced	April 29-June 14 July 3-August 21	Tuesday & Thursday	8:00-9:00pm 7:00-8:30pm	Keri Scarr	DTY	16/\$65 15/\$61	16/\$99 15/\$94

### COURSE REGISTRATION GUIDELINES

- We will issue credits or refunds before the second lesson. Sorry, no refunds or credits for dates of classes that have passed.
- A \$5 administration charge plus the cost of one class applies to all refunds unless accompanied by a medical note.
- Classes with insufficient registration will be cancelled and a full refund or credit will be issued.

**PLEASE NOTE:**

- We reserve the right to change schedules and prices.
- All applicable taxes applied on registration completion.
- Programs do not run on statutory holidays.

 Sometimes we have to cancel great programs led by great instructors because everyone waited until the last minute to register. Please register at least one week in advance to avoid disappointment.

No classes on statutory holidays

DTY = Downtown Y VWY = Vic West Y

[www.victoriay.com](http://www.victoriay.com)

Charitable Registration No. 10822-5566-RR0001

Downtown Y  
851 Broughton Street, Victoria BC V8W 1E5  
Phone: 250.386.7511 Fax: 250.380.1933

Vic West Y  
521 Craigflower Road, Victoria BC V9A 6Z5  
Phone: 250.388.6120 Fax: 250.388.6455