

## CHILDREN'S RECREATION

**Under 10?** Register for Summer Day Camps at the Victoria West Community Y.

**Over 10?** Register for Youth Adventure Day Trips at the Downtown Y.

### 3 TO 5 YEARS

#### CREATIVE DANCE

Ballet and Jazz techniques with movement to music.

Dates	Day	Time	Location	Member	Non-Member
May 3-June 21	Saturday	10:00-10:55am or 11:00-11:55am	DTY	Included	8/\$40 8/\$40

#### MARTIAL TOTS

Level 1: stranger awareness, safety, self defense and respect for ones self and others.

Karate &  
Kickboxing Basics

Dates	Day	Time	Location	Fee
April 30-June 23 July 2-August 13	Wednesday	4:00-4:30pm	VWY	8/\$49 7/\$43

### 4 TO 7 YEARS

#### SPORTBALL MULTI-SPORT PROGRAMS

Sportball Multi-Sport skills development programs introduce children to the concepts and skills involved in baseball, basketball, golf, hockey, soccer tennis and volleyball.

Dates	Day	Time	Location	Fee
April 29-June 17	Tuesday	4:15-5:15pm	VWY	8/\$96

### 4 TO 9 YEARS

#### GYMNASTICS

Come and play on our equipment and enjoy fun and challenging activities at a recreational level.

Dates	Day	Time	Location	Member	Non-Member
4 to 6 years May 3-June 21	Saturday	10:00-10:55am or 11:00-11:55am	DTY	Included	8/\$40
7 to 9 years May 3-June 21	Saturday	12:10-1:10pm	DTY	Included	8/\$40

#### FRIDAY NIGHT YOUTH NIGHT

Gymnasium, Pool, Fitness Centre or a movie.

Dates	Day	Time	Location	Member	Non-Member
May 2-June 20	Friday	6:30-8:30pm	DTY	Included	\$3.50 drop-in

 Sometimes we have to cancel great programs led by great instructors because everyone waited until the last minute to register. Please register at least one week in advance to avoid disappointment.

No classes on statutory holidays

DTY = Downtown Y VWY = Vic West Y

[www.victoriay.com](http://www.victoriay.com)

Charitable Registration No. 10822-5566-RR0001

Downtown Y  
851 Broughton Street, Victoria BC V8W 1E5  
Phone: 250.386.7511 Fax: 250.380.1933

Vic West Y  
521 Craigflower Road, Victoria BC V9A 6Z5  
Phone: 250.388.6120 Fax: 250.388.6455

## 6 TO 8 YEARS

### MARTIAL KIDS

A continuation of Martial Tots for kids with previous martial arts experience.

Beginners

Dates	Day	Time	Location	Fee
April 30-June 23	Wednesday	4:30-5:00pm	VWY	8/\$49
July 2-August 13				7/\$43

## 7 TO 11 YEARS

### FLOOR HOCKEY FANATICS

45 minutes of fast floor hockey in a safe, non-competitive environment.

Grades 2 to 5

Dates	Day	Time	Location	Fee
May 2-June 20	Friday	5:00-6:00pm	VWY	8/\$40

## 10 TO 14 YEARS

### JUST THE GIRLS

A positive place where you can go to share your dreams, voice your opinion and discover more about YOU! Join us for life skills, field trips, guest speakers and spa days.

Dates	Day	Time	Location	Fee
April 29-June 17	Tuesday	6:00-8:00pm	VWY	8/\$40

### YOUTH DROP-IN

Choose the gymnasium or pool ... or both!

Dates	Day	Time	Location	Member	Non-Member
April 29-June 19	Tuesday & Thursday	3:30-5:00pm	DTY	Included	\$3.50 drop-in

### YOUTH RACQUETBALL

Equipment included

Beginner & Intermediate

Dates	Day	Time	Location	Member	Non-Member
May3-June 21	Saturday	9:30-10:15am	DTY	Included	8/\$40

### FRIDAY NIGHT YOUTH NIGHT

Gymnasium, Pool, Fitness Centre or a movie.

Dates	Day	Time	Location	Member	Non-Member
May 2-June 20	Friday	7:00-9:00pm	DTY	Included	\$3.50 drop-in

No classes on statutory holidays

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<b>YOUTH HIP HOP</b>		Hip Hop techniques with movement to music.					
	Dates	Day	Time	Location	Member	Non-Member	
Beginner & Intermediate	April 29-June 17	Tuesday	4:30-5:30pm	DTY	Included	8/\$40	
	May 3-June 21	Saturday	12:00-1:00pm	DTY	Included	8/\$40	
Advanced	May 3-June 21	Saturday	2:00-3:00pm	DTY	Included	8/\$40	

<b>JAZZ FUNK</b>		Ballet and Jazz techniques with movement to music.					
	Dates	Day	Time	Location	Member	Non-Member	
Beginner & Intermediate	May 3-June 21	Saturday	1:00-2:00pm	DTY	Included	8/\$40	

## 11 TO 15 YEARS

<b>FRIDAY NIGHT DROP-IN</b>		Join our youth leaders for mini basketball and dodgeball tournaments, capture-the-flag, billiards, video games, painting and BBQ fun!					
	Dates	Day	Time	Location	Fee		
	May 2-August 15	Friday	7:00-9:00pm	VWY	FREE		

## 12 TO 17 YEARS

<b>YOUTH FENCING</b>		<b>Beginner:</b> basic footwork, simple attack & defense, group lessons. <b>Intermediate:</b> practice with an opponent; individual lessons. <b>Advanced:</b> competition training.					
	Dates	Day	Time	Instructor	Location	Member	Non-Member
Beginner	May 2-June 20	Friday	7:10-9:00pm	Nan-Sang Ho	DTY	8/\$37	8/\$57.50
	July 4-August 22					8/\$37	8/\$57.50
Intermediate / Advanced	May 2-June 20	Friday ♦	7:10-10:00pm	Nan-Sang Ho	DTY	8/\$42.50	8/\$69
	July 4-August 22					8/\$42.50	8/\$69

♦Drop-in option available \$9.50 including GST

## COURSE REGISTRATION GUIDELINES

- We will issue credits or refunds before the second lesson. Sorry, no refunds or credits for dates of classes that have passed.
- A \$5 administration charge plus the cost of one class applies to all refunds unless accompanied by a medical note.
- Classes with insufficient registration will be cancelled and a full refund or credit will be issued.

**PLEASE NOTE:**

- We reserve the right to change schedules and prices.
- All applicable taxes applied on registration completion.
- Programs do not run on statutory holidays.

No classes on statutory holidays

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