

## PLAYCARE SERVICES

## Downtown Y

**THE YMCA-YWCA OF GREATER VICTORIA** believes that exercising is a part of healthy living; however it can be hard to find time to stay fit when you are caring for young children.

We can help! Our **PLAYCARE SERVICES** support you while you participate in a group fitness class or while you engage in your individual workout program.

### PLAYCARE HOURS & AGES

	Day	Time	Age
Mornings	Monday to Saturday	8:45am to 1:00pm	3 mos-6 years
Evenings	Tuesday and Thursday	4:45pm to 7:15pm	1-6 years

- Closed all holidays.
- We reserve the right to change hours if times not used.
- Reduced hours July and August
- Infant (3 mos-1 year) spaces are limited, all spaces are on a first come first served basis.

### PLAYCARE REGULATIONS

- Parents must remain in the facility while their child is in the Playcare Service.
- 1.5 hour maximum stay per child per day.
- Parents are reminded to take their own belongings with them.
- This service is for parents and their own children.

### PLAYCARE ETIQUETTE—PARENTS / GUARDIANS

- Please supply diapers or change of clothes, if necessary.
- **Because some children have allergies, we don't serve snacks. Children must have all food outside Playcare.**  
Only exception: Infant bottles.
- You must complete a registration form before your child's first visit to Playcare.
- Please ensure your child has used the washroom before you drop your child off at Playcare (if possible).
- Please sign in and out when dropping off and picking up your child.
- Children with signs of cold or sickness will not be able to attend.

**Spaces are on a first come, first served basis.**

### FEES

- Included in Family or Child Membership.

### PLAYCARE SAFETY

- All staff are trained in emergency evacuation procedures.
- Staff hold current certifications in First Aid.
- YMCA-YWCA recommended caregiver-to-child ratios are based on children's needs to ensure quality care at all times.
- We clean all rooms and equipment regularly.

### PARENT INVOLVEMENT

- Parents are welcome to stay with their children until their children are comfortable.
- We will find you if your child needs you.
- We encourage and welcome volunteers!
- Please feel free to share any of your ideas or suggestions with us ... we would love to hear from you.

### OUR COMMITMENT TO YOU

- A clean, safe and child-friendly facility.
- Professional staff and caring volunteers.
- Accessibility.
- A stimulating and challenging environment.

Programs do not run on statutory holidays