

## CHILDREN'S RECREATION

### ALL AGES

#### FAMILY FLICK & FLOAT

Enjoy a movie and a swim! Phone 386-3714 (Court Booking) and register by Thursday afternoon.

Dates	Day	Time	Location	Member	Non-Member
January 18-April 25	Fridays	6:00-8:30pm	DTY	Included	\$4 per family

### 3 TO 5 YEARS

#### CREATIVE DANCE

Ballet and Jazz techniques with movement to music.

Dates	Day	Time	Location	Member	Non-Member
January 12-March 1 March 8-April 26	Saturday	11:00-11:55am	DTY	Included	8/\$40 8/\$40

#### MARTIAL TOTS

Level 1: stranger awareness, safety, self defense and respect for ones self and others.

Karate &  
Kickboxing Basics

Dates	Day	Time	Location	Fee
January 9-February 27 March 5-April 23	Wednesday	4:00-4:30pm	VWY	8/\$49 8/\$49

### 4 TO 7 YEARS

#### SPORTBALL MULTI-SPORT PROGRAMS

Sportball Multi-Sport skills development programs introduce children to the concepts and skills involved in baseball, basketball, golf, hockey, soccer tennis and volleyball.

Dates	Day	Time	Location	Fee
January 8-February 19 March 4-April 15	Tuesday	4:15-5:15pm	VWY	7/\$84 7/\$84

### 4 TO 9 YEARS

#### GYMNASTICS

Come and play on our equipment and enjoy fun and challenging activities at a recreational level.

	Dates	Day	Time	Location	Member	Non-Member
4 to 6 years	January 12-March 1 March 8-April 26	Saturday	10:30-11:30am	DTY	Included	8/\$40 8/\$40
7 to 9 years	January 12-March 1 March 8-April 26	Saturday	11:45am-12:45pm	DTY	Included	8/\$40 8/\$40

■ No class March 21

No classes on statutory holidays

DTY = Downtown Y VWY = Vic West Y

**6 TO 8 YEARS**
**MARTIAL KIDS**

A continuation of Martial Tots for kids with previous martial arts experience.

	Dates	Day	Time	Location	Fee
Beginners	January 9-February 27	Wednesday	4:30-5:00pm	VWY	8/\$49
	March 5-April 23				8/\$49

**7 TO 11 YEARS**
**FLOOR HOCKEY FANATICS**

45 minutes of fast floor hockey in a safe, non-competitive environment.

	Dates	Day	Time	Location	Fee
Grades 2 to 5	January 11-February 29	Friday	5:00-6:00pm	VWY	8/\$40
	March 7-April 25 ■				7/\$35

**SATURDAY SPORTS DAZE**

3 hours of active play including floor hockey, basketball, dodge ball, outdoor exploration and lots more! Healthy snack provided.

	Dates	Day	Time	Location	Fee
Grades 2 to 5	January 12-February 2	Saturday	12:00-3:00pm	VWY	4/\$40
	February 9-March 1				4/\$40
	March 8-April 5				3/\$30
	April 12-May 3				4/\$40

Drop-ins welcome. Drop-in Fee: \$12

**10 TO 14 YEARS**
**GYM & SWIM**

Sports or swim ... or both!

	Dates	Day	Time	Location	Member	Non-Member
	January 15-April 24	Tuesday & Thursday	3:30-5:00pm	DTY	Included	\$3.50 per day

**JAZZ FUNK**

Ballet and Jazz techniques with movement to music.

	Dates	Day	Time	Location	Member	Non-Member
Beginner & Intermediate	January 12-March 1	Saturday	1:00-2:00pm	DTY	Included	8/\$40
	March 8-April 26					8/\$40

**YOUTH HIP HOP**

Hip Hop techniques with movement to music.

	Dates	Day	Time	Location	Member	Non-Member
Beginner & Intermediate	January 12-March 1	Saturday	12:00-1:00pm	DTY	Included	8/\$40
	March 8-April 26					8/\$40
	January 8-February 26	Tuesday	4:30-5:30pm	DTY	Included	8/\$40
	March 4-April 24					8/\$40
Advanced	January 12-March 1	Saturday	2:00-3:00pm	DTY	Included	8/\$40
	March 8-April 26					8/\$40

■ No class March 21

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**10 TO 14 YEARS**
**YOUTH RAQUETBALL**

Equipment included

	Dates	Day	Time	Location	Member	Non-Member
Beginner & Intermediate	January 12-March 1	Saturday	9:30-10:15am	DTY	Included	8/\$40
	March 8-April 26					8/\$40

**JUST THE GIRLS**

A positive place where you can go to share your dreams, voice your opinion and discover more about YOU! Join us for life skills, field trips, guest speakers and spa days.

	Dates	Day	Time	Location	Fee
	January 8-February 26	Tuesday	6:00-8:00pm	VWY	8/\$40
	March 4-April 24				8/\$40

**10 TO 16 YEARS**
**YOUTH YOGA**

	Dates	Day	Time	Location	Member	Non-Member
All levels	January 8-February 26	Tuesday	4:30-5:30pm	DTY	Included	8/\$40
	March 4-April 22					8/\$40

**11 TO 15 YEARS**
**FRIDAY NIGHT DROP-IN**

Join our youth leaders for mini basketball and dodgeball tournaments, capture-the-flag, billiards, video games, painting and BBQ fun!

	Dates	Day	Time	Location	Fee
	January 11-April 25	Friday	7:00-9:00pm	VWY	FREE

■ No class March 21

**12 TO 16 YEARS**
**YOUTH FENCING**
**Beginner:** basic footwork, simple attack & defense, group lessons.

**Intermediate:** practice with an opponent; individual lessons.

**Advanced:** competition training.

	Dates	Day	Time	Instructor	Location	Member	Non-Member
Beginner	January 11-February 29	Friday	7:10-9:00pm	Nan-Sang Ho	DTY	8/\$39	8/\$55
	March 7-April 25					7/\$35	7/\$49
Intermediate / Advanced	January 11-February 29	Friday♦	7:10-10:00pm	Nan-Sang Ho	DTY	8/\$45	8/\$65
	March 7-April 25					7/\$39	7/\$57

♦Drop-in option available \$9.50 including GST

No classes on statutory holidays

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