

## CHILD AND YOUTH ACTIVITIES

<b>3-5 YEARS – CREATIVE DANCE</b>	Explore creative movement to music. We will work on developmental, coordination and balance skills.				
	Dates	Day	Time	Member	Non-Member
	July 6-July 27	Tuesday	9:00-9:50 am	Included	4/\$24

<b>3-5 YEARS – RECREATIONAL GYMNASTICS</b>	Learn fun and challenging gymnastics skills at a recreational level.				
	Dates	Day	Time	Member	Non-Member
	July 10-July 31 August 7-August 28	Saturday	10:00-10:50 am	Included	4/\$24

<b>6-8 YEARS – CREATIVE DANCE</b>	Learn the basics of hip hop.				
	Dates	Day	Time	Member	Non-Member
	July 6-July 27	Tuesday	11:00-11:50 am	Included	4/\$24

<b>6-8 YEARS – RECREATIONAL GYMNASTICS</b>	Learn fun and challenging gymnastics skills at a recreational level.				
	Dates	Day	Time	Member	Non-Member
	July 10-July 31 August 7-August 28	Saturday	11:00-11:50 am	Included	4/\$24

<b>9-12 YEARS – BASKETBALL</b>	Improve your basketball skills through drills and games from our certified coach.				
	Dates	Day	Time	Member	Non-Member
	July 6-July 27 August 3-August 24	Tuesday	11:00-11:50 am	Included	4/\$24

<b>9-12 YEARS – CREATIVE DANCE</b>	Learn the basics of hip hop.				
	Dates	Day	Time	Member	Non-Member
	July 6-July 27	Tuesday	10:00-10:50 am	Included	4/\$24

**REGISTRATION FOR JULY 5 TO AUGUST 29 SESSION STARTS JUNE 7**

**Classes will be cancelled 48 hours prior to start date if insufficient registration is received.**

**Don't delay — register today!**

No classes on statutory holidays

DTY = Downtown Y VWY = Vic West Y

**www.victoriay.com**

Charitable Registration No. 10822-5566-RR0001

**Downtown Y**

851 Broughton Street, Victoria BC V8W 1E5  
 Phone: 250.386.7511 Fax: 250.380.1933

**Vic West Y**

521 Craigflower Road, Victoria BC V9A 6Z5  
 Phone: 250.388.6120 Fax: 250.388.6455

**13-15 YEARS –  
BALL SPORTS MIX**

Have a blast this summer playing a variety of ball sports including dodgeball and basketball. No experience is required but fun is mandatory!

Dates	Day	Time	Member	Non-Member
July 6-July 27 August 3-August 24	Tuesday	12:00-12:50 pm	Included	4/\$28

**13-17 YEARS – YOGA**

Try this yoga class specially designed for teens to experience the benefits of yoga for improving strength, flexibility, and balance. Join our encouraging and positive instructor for an hour of dynamic poses that will leave you feeling stretched, toned, and fantastic! All levels are welcome and encouraged to join – your mind and body will thank you!

Dates	Day	Time	Member	Non-Member
July 5-July 26 August 9-August 30	Monday	4:30-5:25 pm	Included	4/\$28

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