

FAMILY

FAMILY – INDOOR PLAYGROUND

Join us in the gymnasium with your child to enjoy our toys and equipment. This is a drop in program. Drop in is included in membership. Parental supervision required.

Dates	Day	Time	Member	Non-Member
July 10-September 4	Saturday	10:00 am-1:00 pm	Included	Day Pass Fee

FAMILY NIGHT AT THE Y

2:30-4:00pm swim, 4:45-6:30pm movie and pizza. Please register each family member and indicate their pizza choice. Two slices per person. Bring your own beverage(s). This is a family program, at least 1 parent or guardian must be present per family.

Dates	Day	Time	Member	Non-Member
July 24 August 28	Saturday	2:30-6:30 pm	1/\$3.50	1/\$5

PARENT & TOT

PARENT AND TOT – STROLLER FIT

A parent and tot fitness class that focuses on cardiovascular fitness, strength, and flexibility in a bootcamp style class.

Dates	Day	Time	Member	Non-Member
July 6-August 26	Tuesday, Thursday	10:00-10:45 am	Included	16/\$40

REGISTRATION FOR JULY 5 TO AUGUST 29 SESSION STARTS JUNE 7

Classes will be cancelled 48 hours prior to start date if insufficient registration is received.

Don't delay — register today!

No classes on statutory holidays

DTY = Downtown Y VWY = Vic West Y

www.victoriay.com

Charitable Registration No. 10822-5566-RR0001

Downtown Y

851 Broughton Street, Victoria BC V8W 1E5
 Phone: 250.386.7511 Fax: 250.380.1933

Vic West Y

521 Craigflower Road, Victoria BC V9A 6Z5
 Phone: 250.388.6120 Fax: 250.388.6455