



LEADERSHIP DEVELOPMENT FAMILY INFORMATION PACKAGE

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DEAR CAMP THUNDERBIRD PARENTS,

A Thunderbird Experience builds confidence, teaches life skills, and provides opportunities for growth in a fun, friendly, and safe environment. You'll know this first hand if your child has participated in a Thunderbird program in the past.

Thunderbird's leadership program provides much more than what a camper might experience. Participating in a leadership program means a time when a young leader takes it upon him or herself to learn and grow. This begins, long before they arrive at Thunderbird with the interest they have shown in developing as a leader and continues with the interview and preparing for the program.

The information below was made specifically for your leader and to help your leader prepare for his or her experience at Thunderbird. While helping them is great, a very important part of your leader's experience is preparing for it themselves. If you find yourself taking over the preparation entirely, try to get them to charge.

If you have any questions, please be sure to contact us. We look forward to having your young leader at Thunderbird.

DEAR LEADERSHIP DEVELOPMENT CAMPER,

I'm sure you are both excited and nervous about your upcoming leadership program. My summers as an LD were the best of my youth and influenced me

as a leader and a person in more ways than I can count. As an LD this summer you will be challenged in new ways, learn new skills, make great friends and (I hope) have the summer of your life.

Being an LD is a big jump. Leadership campers are given more responsibility and have higher expectations than any group. This can feel daunting and can cause you to come to camp worried about how you'll do. Don't. You're in this program because you're great. The staff that have been chosen to help you lead are the best we can find and the others in your group will be there to support you (as you will for them).

The information I have sent you will help you be prepared for your summer. Read it and take it seriously. Get excited! If you have any questions, get in touch and ask them.

Peter Gibbs
Summer Camp Program Coordinator
(250) 418-1840
tbirdsummercamp@victoriay.com

LEADERSHIP DEVELOPMENT PROGRAM OUTLINE

The overall goal of the LD program is...

...to develop responsible young leaders by challenging each individual through a progression of outdoor leadership opportunities.

Our LD program Vision is...

...to develop responsible young leaders, who possess a wide range of skills that they can put to use as leaders at camp and beyond.

A 10 Step Guide To A Successful Leadership Experience:

- 1) Come to camp with an open mind about change. In order to improve your leadership skills you may need to change the way you currently look at leadership
- 2) Take care of yourself. You may have more opportunities to lead and be responsible than ever before
- 3) Make the most out of every day
- 4) Look to the many challenges as opportunities to succeed
- 5) Understand that leadership skills are not handed out on a silver platter. They are something that each individual must go out and get
- 6) Read this information; understand your program, and how to get the most out of it
- 7) Remain positive. There are going to be some frustrations... it is how you deal with them that counts

- 8) Don't simply understand the "Whats" of camp guidelines... go for the "Whys"
- 9) Write down as much as you can. It will be a valuable and memorable tool for years to come
- 10) Make sure that you do not leave at the end of the month saying, "I wish I had..."

When campers move into a leadership program their role in the camp setting changes. As young adults mature the need for greater challenges arrive. Thunderbird's leadership programs are designed to provide these challenges.

The way an LD approaches camp must shift away from participation and towards service.

Thunderbird's core leadership guiding principles

Y Leadership programs have three underlying premises which guide them. We strive to include safety, positive experiences, and growth facilitation in all elements of the LD program. Furthermore, there is an emphasis on developing leaders that understand these guiding principles and incorporate them into all aspects of their leadership style.

SAFETY

- Leadership participants are shown how vital safety is to everything that happens in a camp or an out trip setting
- Leadership participants learn how to properly judge what is and is not safe, and how to deal with unsafe situations
- Leadership participants are shown the systems in place at Thunderbird to ensure the safety of everyone at camp (i.e. water quality standards, staff qualifications, emergency procedures etc...)

POSITIVE EXPERIENCE

- Leadership participants go through a program that is fun and enjoyable. They also learn about the role they can play in creating that environment for others

GROWTH FACILITATION

- A progressive approach is taken to help the Leader grow and develop over time
- The learning process includes both experiential and educational approaches
- Leadership participants are encouraged to develop their skills as individuals and as group members
- Leadership participants learn both "hard" and "soft" skills, which amount to a well-balanced Leader

LEADERS SHOULD...

- ... learn to take responsibility for their actions and those of others
- ... learn to take ownership of their camp, its facilities and culture
- ... see how delivering an excellent program can be as fulfilling as experiencing one
- ... seek out challenges, not avoid them
- ... seek out ways to improve as a leader

... be open to feedback. One of the key elements of both leadership programs is hearing about the things that you do well and the things that you need to work on

... be able to translate that feedback into action. Improving yourself as a leader does not happen automatically

... not strive to merely complete the program, but rather to learn as much as possible and take as much from each day as possible

LEADERSHIP DEVELOPMENT 1

AIMS AND OBJECTIVES:

- to enjoy themselves and have fun
- to develop their leadership skills
- to promote an awareness and respect for the natural environment
- to seize the opportunity to develop their abilities to work and live closely with a group of their peers
- to promote an awareness and respect for the natural environment
- to develop a high level of skill in a wide range of camp and out tripping activities

The Leadership Development 1 program challenges each leader to develop an understanding of the skills and values needed to become a positive and effective leader, at camp and beyond.

PROGRAM OUTLINE:

The Leadership Development 1 program consists of opportunities for participants to experience skill development, group leadership, co-operation, problem solving and independence. Leadership Development 1 participants embark upon a month-long

skill development experience. A short instructional trip and a longer trip that is planned and run by the LD1's under the supervision of the training staff, compose over 1/2 of the experience. Additional time in camp is used for teambuilding and other "hard skills". LD1's practice various outdoor and camp skills including canoeing, navigation, outdoor living, kayaking, group dynamics and interpersonal skills. Growth of the individual is key to every group experience. Working together to succeed collectively is part of the fun, challenge and adventure of being an LD1. LD1's receive hands-on guidance and training from the staff that work with them. They will also have both formal and informal feedback sessions throughout the experience.

LEADERSHIP DEVELOPMENT 2

AIMS & OBJECTIVES

- to enjoy themselves and have fun
- to develop their leadership skills
- to seize the opportunities to develop their skills in working with children; counseling and teaching in a camp environment
- to promote an awareness and respect for the natural environment
- to work successfully within a group, understanding the basic needs and relationships between the individual, the group, and the camp community.

PROGRAM OUTLINE

A) Historical, philosophical and value dimensions of YMCA resident camping
· Thunderbird's historical background and highlights of the history of Y camping in Canada

- The general objective of Y camping
- Thunderbird's different programs and how they fit with each other and Y camping
- The YM-YWCA of Greater Victoria's and Camp Thunderbird's mission statement

B) The art of counseling

- Personal attitudes and qualities of a good counselor - enthusiasm, friendliness, fairness, good disposition, sense of humour, patience, politeness, reliability, self-confidence, etc
- Sensitivity to camper problems and ability to help them cope - homesickness, fighting, bedwetting, insecurity, low self-esteem, high levels of anxiety, etc
- Care and concern for campers - health checks, hygiene, eating habits, positive self-image, etc
- Group experience - participating in a group, getting everyone involved, teamwork, etc
- Planning and developing programs that meet both camper and camp objectives

C) Understanding oneself and others

- Understanding the camper
 - a) age group characteristics
 - b) needs - for acceptance, affection, sense of worth, sense of achievement, recognition, friends, new experiences, etc
 - c) current trends and issues facing campers in society
- Understanding the elements of camper group dynamics
 - a) cliques
 - b) interpersonal dynamics of cabin group members
- Understanding how campers learn
 - a) the impact of the counselor's example (role modeling)
 - b) the effect of different leadership styles
 - c) counselor-centered vs. camper-centered decision making
- Understanding where you are and how to gain the skills necessary to get to your goals
- Understanding values that the LD2 program and camp upholds, and the obligation to role model these values

D) Skills & technical knowledge in activity areas particular to Thunderbird's environment

- Safety skills - first aid, emergency procedures, safety rules, fire safety
- Knowledge of a well-balanced collection of program areas and instructional tools to teach them
- Understanding of tripping guidelines and how to lead a cabin trip
- Public speaking skills in a "campfire" format

E) In-service training experience

- In-cabin practicum experience to use learned skills
- In-program instructional opportunities to use learned skills
- Participation in all-camp events

OUTTRIPS

LEADERSHIP ONE OUTTRIP

Leadership 1 participants participate in a 14-day multi-skilled trip. After the first week and a half in camp preparing for trip and refining their “hard” skills, LD 1’s will embark on their journey. The initial drop-off point is in Campbell River for the first stage, a seven-day sea kayak trip in the Discovery Islands. This portion of the trip takes them through protected waters off Quadra Island, with an opportunity for some advanced paddling through ocean currents. After the completion of the sea kayak portion of the trip, the group will be picked up near Campbell River and dropped off again, this time with a fleet of canoes and their packs, on the Sayward Forest Canoe Route. They will spend the next eight days following the Campbell Lakes watershed down into Buttle Lake and the heart of Strathcona Park. There they will leave their canoes and hike up into the sub-alpine territory of Marble Meadows, where they can learn more about this unusual and challenging environment. After this hike, they will continue their canoe trip until they are picked up on the 14th day at the southern end of Buttle Lake.

A journey of this magnitude requires physical and mental stamina, but the result will be an intense camaraderie with fellow participants, as well as feelings of tremendous completion after the challenges overcome.

LEADERSHIP TWO OUTTRIP

Leadership 2 participants will embark on a seven-day sea kayaking trip in the Gulf Islands. The group is dropped off in Cedar, south of Nanaimo, and paddle to their eventual pick-up location in Sidney. During this outtrip, LD2 participants build on their sea kayaking skills learned in LD1s, take an active role in running the trip and are given time to learn advanced sea kayaking skills.

LD2's may also participate in on-site trips with Pioneer or Explorer aged campers during the "placement" portion of their program.

Both groups participate in a short on-site preparation trip as well.

As a Leadership camper your out trip will be one of the most memorable parts of your time at camp. In order to make the most of it we suggest you prepare yourself physically for the trip.

While the trips are not "Ironman" competitions in any way you will need to have a base level of physical fitness in order not to injure yourself and be tired and headed to sleep before your fellow campers at the end of each day. By preparing you lessen the possibility of injury and will be able to fully enjoy the experience.

We suggest that in the months leading up to your Thunderbird experience you take the time to participate in regular physical activity. If you are not currently participating in some form of activity, you can certainly head out on some walks or hikes to "get the blood flowing". While a canoe or sea kayak may not be

handy in your neighbourhood, you can get a sturdy pair of shoes and a backpack and practice hiking through local parks with friends.

On your trip you can expect to be active, moving from campsite to campsite, hiking and paddling times vary considerably from a 2 hours on a short day to up to 12 hours on a long day. Getting out and getting active now will make your trip all the more enjoyable come summer.

WHAT TO BRING

The following checklist is a good guideline for packing for camp. We encourage you to wear old clothes you won't mind coming home dirty or getting lost. We do not recommend that you bring expensive clothing to camp. Please read the outtrip packing section closely and ensure you are prepared.

CHECKLIST

Label everything

We suggest sew-on labels for clothing items, and an indelible marker for other items. Include the camper's full name. Try to ensure that your camper can recognize the items that belong to him/her.

General Packing List

Clothing

- ☞ 12 day supply of underwear
- ☞ 12 day supply of socks (wool socks are best)
- ☞ 4 pairs of shorts
- ☞ 4 pairs of pants (sweatpants are warmer than jeans)
- ☞ 5 to 6 t-shirts
- ☞ 3 long-sleeved t-shirts
- ☞ 1 to 2 warm pullovers (wool or fleece)
- ☞ 1 to 2 sweatshirts
- ☞ warm jacket
- ☞ hat (for those rainy or sunny days)
- ☞ raingear (needs to be waterproof, jacket and pants)
- ☞ toque and mitts (for cool nights on outtrip)
- ☞ pajamas
- ☞ 2 pairs of shoes (1 for daily wear, athletic shoes or sport sandals & 1 sturdy pair of hiking shoes or boots for outtrip)
- ☞ 2 bathing suits
- ☞ sunglasses

Personal Items

- ☞ biodegradable soap and shampoo
- ☞ toiletries, comb, toothbrush, etc.
- ☞ sunscreen (SPF 15 or higher)

Other

- ☞ pillow
- ☞ towel
- ☞ day pack
- ☞ stationery and pens (stamped envelopes)
- ☞ flashlight (extra batteries)

- ☞ breathable laundry bag
- ☞ camera and film (optional)
- ☞ book (optional)
- ☞ slippers for the dining hall

PLEASE DO NOT BRING

- | | |
|------------------------|-----------------|
| Cell Phones | Money |
| Portable music devices | Tobacco |
| Hair Dryers | Food |
| Expensive clothes | Video games |
| Hatchets | Other valuables |

Outtrip Packing List

<p>Being well prepared for your outtrip is critical to your safety and comfort, and important to the enjoyment of your outtrip. If it gets rainy and cold on outtrip and you are unprepared it is less enjoyable and potentially dangerous. Similarly, hot weather can result in a sunburn or heat exhaustion if you aren't adequately hydrated and protected from the weather. The following list has been written in detail to help you ensure you're prepared for outtrip. If you have any questions please let us know. Please try on all of the clothing and backpack before camp to ensure they are comfortable and well sized.</p>			
Equipment	Quantity	Comments	Link to Sample Item
Rain Jacket	1	A rain jacket is probably the most important piece of personal safety gear on an outtrip. It should be properly sized and stay waterproof after standing in a running shower for 10 minutes. Plastic ponchos aren't a good idea as they get caught on branches and rip easily, nylon ones are okay though. Breathable material is strongly recommended.	Link
Rain Pants	1	A basic pair of rain pants keeps campers dry while setting up tents or sitting in a canoe.	Link
Socks	3-4 pairs	Wool or polypropylene hiking socks. A set of liner socks paired with outer hiking socks prevents rubbing and blisters. Some 2-in-1 (liners built into sock) hiking socks are made.	Link

Hiking Boots	1	Hiking boots or shoes with good ankle support and sturdy soles. Waterproof is recommended. Wear for a couple weeks before camp to break them in.	Link
Water Shoes/Sandals	1	Water shoes, sandals or just an old pair of runners. These are for wearing in the boat and for carrying boats in and out of the water. No flip flops/thongs.	
Sleeping Bag	1	A warm (rated to 0°C recommended) sleeping bag made of synthetic material. Down sleeping bags don't stay warm when wet and therefore pure down sleeping bags aren't recommended in our damp climate. Hybrid down/synthetic bags are okay. Sleeping bags should compress well into a appropriate sized stuff sack.	Link
Sleeping Pad	1	Inflatable sleeping pad or foam pad.	Link
Backpack	1	A sturdy backpack with chest and padded waist straps. Volume should be between 50L and 70L. Pack should be appropriate length.	Link
Water Bottle	1	A study water bottle 1L in volume.	Link
Toque/Warm Hat	1	Wool or fleece, no cotton.	Link
T-Shirt	1	A synthetic or merino wool t-shirt is recommended.	Link
Warm Sweater/Jacket	1	Warm fleece or wool pullover or zip-up jacket. No cotton.	Link
Long Underwear Tops and Bottoms	1	Synthetic or wool long underwear helps you warm if it's cold and rainy.	Top- Link Bottom- Link
Hat/Bandana	1	Any piece of head covering. All of our Outpost and Wilderness trips spend time near water or snow where UV rays being reflected increase	

		the exposure to the sun.	
Sunglasses	1	Sunglasses with UV protection. As sunglasses can often be dropped in water or crushed, don't send an expensive pair.	
Sunscreen	1	SPF 30 or higher.	
Dry Bags	1-2	One 10L dry bags, or two if you can fit your sleeping bag into one of them.	Link
Bowl and Spoon	1	Light and not overly bulky, no breakables. No need to bring whole sets such as plates, cups or knives and forks.	
Personal Gear (optional)		If you have a personal PFD or paddle for boating trips feel free to bring them.	

Cotton vs. Synthetic Fabrics

Cotton does not insulate the wearer when it becomes wet and takes a very long time to dry. Try to avoid cotton for the outtrip. Synthetic fabrics such as polyester, polypropylene, nylon, spandex and fleece are better suited to a wilderness outtrip. These fabrics keep the wearer warm even when wet, and they dry very quickly. Wool takes a long time to dry but insulates relatively well even when wet. Going on outtrip without a proper set of non-cotton clothing can be very uncomfortable and negatively affect the trip if you get wet.

How do I get all this stuff?

Getting everything you need for camp together can be a long process. The outtrip gear list is necessary and important. Everything else is just a guideline. If you feel one bathing suit or one towel is all you need please don't feel like you need to go buy a new one.

When getting outtrip specific gear try borrowing things first. Someone you know might have a backpack they don't use anymore or a sleeping bag they can lend for your time at camp. Try looking on the [Mountain Equipment Co-op gear swap](#), if you start keeping your eye out early you might find a good deal. Some families have found it more affordable to rent certain gear*. For those things you do have to buy, shop around at these local stores:

Listed in alphabetical order:

Ocean River Sports

www.oceanriver.com
1824 Store Street
Victoria, BC V8T 4R4
(250) 381-4233

Capital Iron

www.capitaliron.net
1900 Store Street
Victoria, BC V8T 4R4
(250) 385-9703

Robinsons Outdoor Store

www.robinsonsoutdoors.com
1307 Broad Street
Victoria, BC V8W 2A8
(888) 317-0033

Coast Mountain Sports

www.coastmountain.com
641 Yates Street
Victoria, BC V8W 1L2
(250) 294-7140

***Sports Rent**

www.sportsrentbc.com
3-1950 Government Street
Victoria, BC V8T 4N8
(250) 385-7368

Mountain Equipment Co-op

www.mec.ca
1450 Government Street
Victoria, BC V8W 1Z2
(250) 386-2667

Valhalla Pure Outfitters

http://www.shop.vpo.ca/
109-2401D Millstream Road
Langford, BC
V9B 3R5
(250) 412 2356

Laundry

A breathable laundry bag will be helpful to keep dirty clothes separate from clean clothes. We will do a laundry service for leadership participants at roughly the 1/2 way point of the month.

TYPICAL DAY AT CAMP

7:00 am Wake-up
7:30 - 8:00 am Flagraising and Thought for the Day, morning walk around the lake (a great start to the morning), and Polar Bear dip.
8:15 am Tablesetters, two campers from each cabin group set their cabin's table in the dining hall.
8:30 am Breakfast
9:15 am Cabin clean up - Campers return to their cabin to clean up and prepare for day.
10:00 am First Activity
11:00 am Second Activity
12:15 pm Tablesetters
12:30 pm Lunch
1:15 pm B.O.B. (Bodies On Bunks) Everyone is given time after lunch to sleep, read, or write letters home
2:30 pm First activity (usually in cabin groups)
3:30 pm Second activity (or first continued)
4:30 pm Disco Hour/Swimming - Campers get the opportunity to choose an activity of their own choice.
5:15 pm Tablesetters
5:30 pm Dinner
7:00 pm Evening Program (cabin, group or camp-wide)
9:30 pm snack/bedtime prep/check-in/lights out

INFORMATION FOR PARENTS

CONTACTING YOUR CAMPER

E-mail

Emails are downloaded from the server, printed and handed out to campers at meals. Please consider the following guidelines to help us keep this service manageable:

- include camper's first and last name and their cabin (ask on drop-off day) and program name in the subject of the e-mail
- please refrain from sending emails while your camper is away on outtrip (ask on drop-off day)
- please don't send more than one e-mail per camper per day

tbirdcampers@victoriay.com

Regular Mail

Thunderbird's Mailing Address:

Camper Name and section (explorer, pioneer, etc)

c/o Camp Thunderbird

5040 Glinz Lake Rd

Sooke, BC V9Z 0E3

Sending a letter before your child arrives at camp ensures that they receive a letter during their stay. A letter from home can be a wonderful treat if it is positive and light-hearted. If you get an unhappy letter from your child, don't panic. In all likelihood whatever made them unhappy when they wrote the letter is long since forgotten, or has been addressed by your camper's counsellor or another camp staff. If you have a concern, please call.

TELEPHONE

No phone is available for campers to regularly make or receive calls while at camp. If you would like to speak with the Manager (extension 225) or Summer Camp Coordinator (extension 100) for any reason, please feel free to phone the camp. 250-642-3136

CAMPER WELLNESS

CAMPER HEALTH

You have provided all necessary medical information on the registration form. Please feel free to provide us with more information by mail, fax or e-mail if you think it would be beneficial. We will keep it in your campers file and staff will have access to that information.

MEDICATIONS

All medications are stored with the Wellness Coordinator or Section Director unless otherwise arranged. Staff keep a written record of the date and time of medication distribution. Please make sure that any medications your camper may have are in the original package and are labeled clearly with the camper's name and instructions for use. If you are dropping your child off by car you can choose to meet with the Wellness Coordinator on the first day to discuss the medications necessary for your child. All campers have a "Wellness Check" on the first and last day of camp. This is a great opportunity for your campers to meet with senior staff and the Wellness Coordinator.

We stock basic over-the-counter medications including: ibuprofen, acetaminophen, antihistamines, cough syrup, throat lozenges, and upset stomach relief medications. We encourage families not to send these medications to camp with their campers unless they take them on a regular basis. We will always do our best to make contact with guardians to get permission before administering medications, however if we are unable to make contact we may decide to administer the medication under the advice of our medical staff.

IN CASE OF INJURY OR ILLNESS

If your camper becomes ill and is diagnosed as being either contagious or too ill to remain at camp, we will contact you. Until they are picked up your child will be isolated from other campers in the Wellness Centre and cared for by the Wellness Coordinator or another senior staff member. If your child becomes injured and needs to be seen by a physician, you will be contacted. If contact cannot be made in a timely fashion the Manager or designate will arrange what he/she feels is best in terms of treatment.

If any prescription drugs are necessary as a result of the doctor's consultation, you will be billed for the amount after camp.

HOMESICKNESS

It is reasonable to assume that until they become adjusted to camp life, your child might go through a period of homesickness. Homesickness is a natural response for children and adults when they come to camp. Camp staff are trained to detect early symptoms of homesickness help children feel comfortable at camp. The first thing the counselors will do is empathize with the camper and share their own experiences with homesickness. Our counsellors are people who enjoy being with kids and will take the time to listen. Our Section Directors, who oversee the counsellors, have many years of camping experience and excellent counseling skills. This support system watches over all of the campers and an attitude of caring is reflected in all of our staff. If your child is homesick, we will take the following steps to ensure a positive experience.

- Your child's counsellor will comfort and work with your child to overcome the negative aspects of homesickness
- If your child continues to show strong signs of homesickness, the Section Director will become involved
- Staff **may** contact the parent(s) to discuss options and strategies for working with your child
- As a last resort, we may ask you to talk to your child to help him or her through the experience.

In most cases these steps will allow your child to overcome their homesickness and enjoy their remaining time at camp.

SUPERVISION AT CAMP

It is our goal to provide a safe, comfortable and supportive environment. Staff are trained in providing high quality care for our campers and ensuring that the needs of each individual are met. Camp Thunderbird provides 24 hour supervision of campers. This means that a cabin group will always have at least one counsellor present to ensure a positive experience. If the cabin group is separated for activities (during interest groups or other individual choice time) there will also be at least one Thunderbird staff with the campers.

Some activities (orienteering, capture the flag, scavenger hunts, etc) involve groups of campers being out of direct supervision. During these activities there may not be a staff member in direct line of sight with campers, but someone will always be within earshot and campers are given clear directions on what to do if they need assistance. These activities are only run with groups where all campers are able to interact positively together.

CAMP BEHAVIOUR POLICY

Our high level of supervision helps to prevent the occurrence of bullying. If a situation arises where a camper threatens the safety or security of another camper, or if a camper shows disregard for camp guidelines, we will make every effort to encourage appropriate behaviour and contact the parents.

If we are not successful in encouraging appropriate behaviour, the child will be dismissed from camp at the management team's discretion. Camp will not be held responsible for any costs associated with a dismissal on the grounds of disruptive behaviour.

Parents of campers are kept abreast of any concerns and progress. Parents may also be asked to assist in creating a positive environment for all.

MISCELLANEOUS

A TYPICAL DAY AT THUNDERBIRD

7:00 am Wake –up

7:30-8:00 am Flag raising and thought for the day, morning walk around the lake (a great start to the morning) and Polar Bear dip

8:15 am Table setters, two campers from each cabin group set their cabins table in the dining hall

8:30 am Breakfast

9:15 am Cabin clean up-Campers return to their cabin to clean up and prepare for day

10:00 am Morning Activity (usually in cabin groups)

12:15 pm Table setters

12:30 pm Lunch

1:15 pm B.O.B. (Bodies on Bunks) Everyone is given time after lunch to sleep, read or write letters home

2:30 pm First activity (usually in cabin groups)

3:30 pm Second activity (or first continued)

4:30 pm Disco Hour/Swimming—campers get the opportunity to choose an activity

5:15 pm Table setters

5:30 pm Dinner

7:00 pm Evening Program (cabin group or camp wide)

8:15-9:15 pm snack/bedtime prep/check-in/lights out

LOST AND FOUND

Lost and found items are displayed outside the dining hall during the session and at a lost and found table on pick-up days. Lost and found items are kept at camp for 14 days after which they are donated to charity. You can check our lost in found in person at camp or call us with specific item descriptions and we'll look for you.

FEES

Camp fees are non-refundable after May 1st. Cancellations on or before April 30th will be given a full refund excluding a \$50 processing fee. Cancellations after April 30th will be considered if accompanied by a physician's certificate. The balance of fees are required May 1st.

YOUR PRIVACY

The YMCA-YWCA is committed to maintaining the confidentiality, privacy, and accuracy of personal information it collects, uses and discloses about its participant, members, donors, parents/guardians, staff and volunteers. At the YMCA-YWCA Greater Victoria (the Y) your privacy is and always has been very important to us. We are dedicated to provide you with superior service while protecting your privacy and safeguarding your personal information. For more information please visit our website: www.victoriay.com

CAMP THUNDERBIRD

Victoria Office

YMCA-YWCA of Greater Victoria

851 Broughton Street

Victoria BC V8W 1E5

Summer Camp Program Coordinator (250) 418-1840

Manager (250) 418-1846

E-mail: tbirdmanager@victoriay.com

General: (250) 386-7511 Fax: (250) 380-1933

Camp Office

Camp Thunderbird

5040 Glinz Lake Road

Sooke BC V9Z 0E3

Phone: (250) 642-3136 Fax: (250) 642-3980

www.victoriay.com/campthunderbird