

13 Day Wilderness Sample Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Activity Block	Morning Stretches	Early Breakfast	Outtrip	Outtrip	Outtrip	Outtrip	Outtrip
	Cabin Cleanup						
	8:30 Breakfast						
	Preparation Day: Group learns the finer point of kayaking or hiking as well as how to pack for outtrip.	Depart for Outtrip: Group is dropped off at their outtrip destination in the bus. Outpost outtrips are 4 days long. Each night they camp on a different beach and hike/paddle to a different site each day.	Outtrip	Outtrip	Outtrip	Outtrip	Outtrip
Afternoon Activity Block	12:30 Lunch						
	Bodies on Bunks						
	Preparation Day: Continuation of the morning. In the late afternoon the group packs all of their food.	Outtrip	Outtrip	Outtrip	Outtrip	Outtrip	Outtrip
	Discovery Hour	Outtrip	Outtrip	Outtrip	Outtrip	Outtrip	Outtrip
5:30 Dinner							
Cabin contract and get to know you games. Campfire	Final Trip Preparation: All personal packing is finished, gear is packed up and bus is loaded.	Outtrip	Outtrip	Outtrip	Outtrip	Outtrip	Outtrip

Camper arrival in, get to know you games, camper wellness check-ins, community meeting.

13 Day Wilderness Sample Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Outtrip	Outtrip	Morning Stretches, Run around the lake and Cabin Cleanup	Polar Bear Swim Cabin Cleanup	Pack Up	
	8:30 Breakfast					
	Outtrip	Outtrip	<u>Canoeing:</u> The cabin spends the day on the water learning how to paddle a canoe, rescue a flipped canoe.	<u>Advanced Orienteering:</u> Compass and map skills are taught before sending the campers out in groups of four to find orienteering markers in the forest using their maps.	All-Camp Day- The whole camp gets together to participate in a massive creative program complete with team colours, cheers and bad guys.	Camper pick-up and goodbyes.
	12:30 Lunch					
	Outtrip	Outtrip- group is picked up in the bus and brought back to camp.	Bodies on Bunks <u>High Ropes:</u> Now that the group has learned to work well together they can try the high ropes course. These are high up team obstacles in groups of 2-4 where they must depend on each other to be successful.	Bodies on Bunks <u>Arts and Crafts:</u> Many Wilderness groups divide their arts and crafts block between personal projects like bracelets and paintings and making a group plaque to hang in the dining hall for years to come.	<u>Group wrap up activities:</u> teambuilding and trust games. Group plans presentation for banquet (skit song, etc.)	
	Outtrip		Discovery Hour	Discovery Hour		
	5:30 Dinner		Outdoor BBQ	Banquet		
	Outtrip	Clean up gear, pack-in and shower.	<u>Nature Exploration:</u> The cabin goes into the woods to play forest games and learn about the plants in the area.	<u>Archery:</u> Campers are taught safe archery techniques and get a chance to hone their skills.	Campfire	
						Morning Activity Block
						Afternoon Activity Block