

CHILD AND YOUTH ACTIVITIES


NEW

CHILDREN AND YOUTH DROP IN ACTIVITIES

Check out our new Child, Youth, Teen and Family Drop In Schedule. Drop in activities include Crafts, Gym and Swim, Parent and Tot activities and much more!

3-5 YEARS – DANCE COMBO

Start your dance adventure! The basics of a variety of dance styles will be taught including: ballet, jazz and hip hop. Basic choreography will be taught so children should attend every class.

Dates	Day	Time	Member	Non-Member
January 7-April 21	Saturday	10:00-10:50 am	Included	15/\$90

3-5 YEARS – RECREATIONAL GYMNASTICS

Learn fun and challenging gymnastics skills at a recreational level.

Dates	Day	Time	Member	Non-Member
January 7-April 21	Saturday	10:00-10:50 am 12:00-12:50 pm	Included	15/\$90

6-8 YEARS – CREATIVE DANCE

Learn how to move and groove in a Ballet and Jazz or Hip Hop class.

Course Title	Dates	Day	Time	Member	Non-Member
Ballet/Jazz	Jan 7-Apr 21	Saturday	12:00-12:50 pm	Included	15/\$90
Hip Hop	Jan 8-Apr 22	Sunday	2:00-2:50 pm	Included	15/\$90

6-8 YEARS – RECREATIONAL GYMNASTICS

Learn fun and challenging gymnastics skills at a recreational level.

Dates	Day	Time	Member	Non-Member
January 7-April 21	Saturday	11:00-11:50 am	Included	15/\$90
January 8-April 22	Sunday	1:00-1:50 pm	Included	15/\$90

6-8 YEARS – SQUASH

Learn the basics of squash.

Dates	Day	Time	Member	Non-Member
January 7-February 25 March 3-April 21	Saturday	10:00-10:50 am	Included	7/\$42 8/\$42

REGISTRATION

DEC 5 FOR JAN 3-FEB 26, JAN 30 FOR FEB 27-APR 22, MAR 26 FOR APR 23-JUNE 17

**Classes will be cancelled 48 hours prior to start date if insufficient registration is received.
 Don't delay — register today!**

No classes on statutory holidays

www.victoriay.com

Charitable Registration No. 10822-5566-RR0001

Downtown Y
 851 Broughton Street, Victoria BC V8W 1E5
 Phone: 250.386.7511 Fax: 250.380.1933

9-12 YEARS – HIP HOP

Learn how to moove and groove in this stylin' class.

Dates	Day	Time	Member	Non-Member
January 8-April 22	Sunday	1:00-1:50 pm	Included	15/\$90

9-12 YEARS – HOME ALONE

This workshop will teach children about staying safe when they are at home alone. Topics include dealing with strangers, snack and meal preparation, home and fire safety, emergency procedures and first aid. This course does not certify participants to babysit other children.

Dates	Day	Time	Member	Non-Member
February 26 May 27	Sunday	9:00 am-1:00 pm	Included	1/\$30

9-12 YEARS – RACQUETBALL

Learn this fast paced and exciting sport. All equipment is provided.

Dates	Day	Time	Member	Non-Member
January 7-February 25 March 3-April 21	Saturday	9:30-10:15 am	Included	7/\$42

9-12 YEARS – SQUASH

Learn basic skills and the rules of squash.

Dates	Day	Time	Member	Non-Member
January 7-February 25 March 3-April 21	Saturday	11:00-11:50 am	Included	7/\$42

12-15 YEARS – TEEN STRENGTH TRAINING

Learn how to create and implement a strength training plan that is right for you. Once you take this session, you can use the cardio and strength training machines on your own – any time you want.

Dates	Day	Time	Member	Non-Member
Jan 19, Feb 16, Mar 15, Apr 19, May 17, Jun 14	Thursday	6:00-8:00 pm	Included	N/A

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