

# CHILD, YOUTH, TEEN AND FAMILY DROP-IN

## Downtown Y

Included in Y membership

Non-members: Day Pass fee

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth Swim 3:30-5:00pm	Craft Drop In 3:30-5:00pm	Craft Drop In 3:30-5:00pm		Youth/Teen Swim 7:00-8:00pm	Indoor Playground 10:00am-1:00pm	Together Time 10:15-11:45am
Youth Gym & Swim 6:00-8:15pm	Toy Lending Library 3:30-5:00pm	Toy Lending Library 3:30-5:00pm			Parent and Tot Swim Lesson 11:00-11:30am	Toy Lending Library 10:30-2:00pm
	Youth/Teen Fitness 4:00-4:45pm				Family Swim 12:00-5:00pm	Craft Drop In 10:30-2:00pm
					Toy Lending Library 1:00-2:30pm	Indoor Playground 11:45am-2:00pm
						Family Swim 11:00am-5:00pm
						♦ Parent and Tot Gymnastics 12:15-12:45pm
						Parent and Tot Swim Lesson 1:00-1:30pm

**Activities Locations:** ■ Pool ■ Room A ■ Gym North ■ Gym South ■ Fitness Studio

Three participant minimum for all drop-in activities. Schedule subject to change.

♦ Y Members only.

## DROP-IN DESCRIPTIONS

### Youth/Teen Drop In

<b>CRAFT DROP IN</b>	Explore art and crafts with our fun instructor. Or use our supplies and create your own art or craft project. Ages 3-10 years. <i>Children must be signed in and out. Maximum 12 participants on a first come, first serve basis.</i>
<b>YOUTH SWIM</b>	For youth up to age 14, join us for games and take a ride in our boat. <i>All children under 7 years must be within arms reach of an adult aged 16 years or older at all times.</i>
<b>YOUTH GYM &amp; SWIM</b>	Join our instructor for games and sports in the gymnasium then carry on the fun in the pool. Please come with your swim suit on under your clothing. Ages 7-12 years. <i>Children must be signed in and out. Drop off in the gymnasium, pick up on the pool deck.</i>
<b>YOUTH/TEEN FITNESS</b>	A variety of fitness classes and training styles for youth and teens ages 9- 17 years.
<b>YOUTH/TEEN SWIM</b>	The pool is all yours during this dedicated time for youth and teens ages 7-18 years.

### Parent and Tot/Family Drop In

<b>PARENT AND TOT SWIM LESSON</b>	An introduction to swimming skills through activities, games and songs. <i>Adult participation is required (ages 16 years and older).</i>
<b>PARENT AND TOT GYMNASTICS</b>	An introduction to gymnastics skills and apparatus through activities and games. <i>Adult participation is required (ages 16 years and older). Maximum 12 participants on a first come, first serve basis.</i>
<b>FAMILY SWIM</b>	Bring your entire family to the pool for a swim, an excellent way to spend the afternoon.
<b>TOGETHER TIME</b>	A time for toddlers and their grownups to play and visit! Riding toys, balls and tunnels will keep your little one active as you both enjoy a social time.
<b>INDOOR PLAYGROUND</b>	Join us in the gymnasium with your child(ren) to enjoy our toys and sports equipment. <i>Children ages 12 years and younger must be supervised by an adult age 16 years or older.</i>
<b>TOY LENDING LIBRARY</b>	We offer a wide assortment of toys and activities for toddlers through early elementary aged children. Borrow our themed toy bins for home use. Memberships are \$5/month for Y members and \$10/month for non-Y members.

No classes on statutory holidays